

## DEPARTMENT OF PSYCHOLOGY

### Program out come

The course helps the students to gain knowledge with a broad range of techniques and how to use their expertise in psychology.

### Programme specifications

Program title	BSc PSYCHOLOGY
Pattern of delivery	Full time
Programme length	3 years

### Course outcome

Delivery pattern	Paper	Paper code	objective
First semester	BASIC THEMES 1	PSY1B01	To generate interest in Psychology <input type="checkbox"/> To make familiar the basic concept of the field of Psychology with an emphasis on applications of Psychology in everyday life. <input type="checkbox"/> To understand the basics of various theories in Psychology <input type="checkbox"/> To provide basic knowledge about systems and processes like attention, learning and Consciousness.
Second semester	BASIC THEMES II	PSY2B01	To provide basic knowledge about systems and processes like cognition, memory, motivation and emotion.
Third semester	PSYCHOLOGICAL MEASUREMENT AND TESTING	PSY3B01	To offer foundation on psychological measurement and testing To provide the basis of test construction and to

			<p>build up skills on developing psychometric test</p> <p>To familiarize the uses of psychological tests</p> <p>To make aware of ethical principals in testing</p>
Fourth semester	INDIVIDUAL DIFFERENCES	PSY4B01	<p>To provide theoretical knowledge about systems and processes like intelligence and personality</p> <p>To understand the history of intelligence and Personality Testing</p> <p>To familiarize the student with various types of tests in Psychology</p>
Fifth semester	ABNORMAL PSYCHOLOGY-I	PSY5B01	<p>To enable students to understand the concepts of abnormal behavior</p> <p>To develop awareness about different types of anxiety and stress disorders</p> <p>To encourage the students to know different therapeutic techniques in management of anxiety and stress disorders.</p>
	SOCIAL PSYCHOLOGY	PSY5B02	<p>To enable the student to Understand and explain behavior in social settings. Explain the psychological aspects of various social phenomena. To create awareness about the management of human behaviour in group settings</p>
	DEVELOPMENTAL PSYCHOLOGY –I	PSY5B03	<p>To study human development in Psychological</p>

			Perspectives To create awareness about major Psychological changes along with physical and cognitive development
	PSYCHOLOGICAL COUNSELLING	PSY5B04	To acquire theoretical knowledge in the areas of psychological counseling To understand the applications of counseling in various settings To practice counseling techniques through role plays
	HEALTH PSYCHOLOGY	PSY05B05	To understand the Psychological, behavioral and cultural factors contributing to physical and mental health To study the management of different illnesses .
Sixth semester	ABNORMAL PSYCHOLOGY-II	PSY06B01	To develop awareness about major psychological disorders . To acquaint the students with causes of major psychological disorders .
	APPLIED SOCIAL PSYCHOLOGY	PSY06B02	To familiarize the theoretical concept and research methods in applied Psychology. To give knowledge about application of Social Psychology in different areas like clinical, Educational, health and media. To understand the major social issues in India.
	DEVELOPMENTAL PSYCHOLOGY –II	PSY06B03	To study emotional and social development of life span periods. To study the vocational development and

			adjustments in adulthood. To understand the period of late adulthood.
	LIFE SKILL EDUCATION: APPLICATIONS AND TRAINING.	PSY06B04	To promote life skill education . To develop abilities for adaptive and positive behavior . To enhance self-confidence and self-esteem
	POSITIVE PSYCHOLOGY	PSY6B05-03	To familiarize the important concepts in positive psychology To understand the importance of well being which allows people to understand what makes life worth living To give knowledge about the importance of factors contributing happiness